



**Inspire Therapy
Whole Child Solutions
for anxiety
*Sensory processing & primitive reflex
Questionnaire***

Name: _____

D.O. B: _____

Date: _____

Please complete each item, even if the questions appear more than once. It is important that we can see clusters of behaviors and actions together.

Does your child or is your child.....	Always 76-100%	Frequently 75%	Often 50%	Sometimes 25%	Never
<i>Section one:</i>					
Fear unfamiliar/new situations					
Appear hypersensitive to sound, light, unexpected touch					
Appear panicky or anxious					
Very shy, fearful in groups/unfamiliar situations					
Lack of confidence					
Easily overwhelmed/ Low tolerance to stress					
Fear of failure, is a perfectionist					
Have difficulty sleeping/wakes early/takes a long time to fall asleep					
Tired after a lot of sensory stimuli may need to rest/sleep afterwards.					
<i>Section two:</i>					
Easily triggered, reacts with anger or emotional outbursts					
Overreacts-has big reaction to seemingly small issues.					
Unable to relax/ Highly excitable					

Cycles of hyperactivity and extreme fatigue					
Difficulty adapting to change					
History of Asthma, allergies, respiratory infections					
Poor digestion, tendency to crave sugar/carbs					
Dislike having feet off the ground, doesn't like escalators and/or elevators					
Section three:	100%	75%	50%	25%	0%
Hypersensitivity to touch and/or sound					
Allergies					
Tummy/digestive issues					
Potty issues/ wetting pants					
Crawled or walked late					
Walks or runs in an unusual way					
Poor posture					
Section four:	100%	75%	50%	25%	0%
Flat footed, slow and/or does not like walking					
Tend to walk on the inside of the foot (shoes wear unevenly)					
Loose ankles that are easily twisted/sprained					
Walks on toes/ball of the foot, with hips rotated inward					
Section five:	100%	75%	50%	25%	0%
Began walking late					
Difficulty running, jumping, climbing					
Difficulty remembering how to do motor tasks					
Speech delay					
Limbs seem stiff or inflexible					
Very emotional, seeks reassurance often					
Poor balance/falls or trips often					
Section one:					
Prone to injuries of the upper body and face					
Poor personal boundaries can be isolated, standoffish easily victimized or invasive, bullying and aggressive.					
Difficulty protecting "own space"					
Difficulty in receiving and processing information					

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