



Inspire Therapy Whole Child Solutions
To improve handwriting
Sensory processing & primitive reflex
Questionnaire

Name: _____

D.O. B: _____

Date: _____

Please complete each item, even if the questions appear more than once. It is important that we can see clusters of behaviors and actions together.

Does your child or is your child.....	Always 76-100%	Frequently 75%	Often 50%	Sometimes 25%	Never
<i>Section one:</i>					
Easily triggered, reacts with anger or emotional outbursts					
Over reactive-has big reaction to seemingly small issues.					
Unable to relax/ Highly excitable					
Cycles of hyperactivity and extreme fatigue					
Difficulty adapting to change					
History of Asthma, allergies, respiratory infections					
Poor digestion, tendency to crave sugar/carbs					
Dislike having feet off the ground, doesn't like escalators and/or elevators					
<i>Section two:</i>	100%	75%	50%	25%	0%
Hypersensitivity to touch and/or sound					
Allergies					
Tummy/digestive issues					
Potty issues/ wetting pants					
Crawled or walked late					
Walks or runs in an unusual way					

Poor posture					
Section three:	100%	75%	50%	25%	0%
Flat footed, slow and/or does not like walking					
Tend to walk on the inside of the foot (shoes wear unevenly)					
Loose ankles that are easily twisted/sprained					
Walks on toes/ball of the foot, with hips rotated inward					
Section four:	100%	75%	50%	25%	0%
Began walking late					
Difficulty running, jumping, climbing					
Difficulty remembering how to do motor tasks					
Speech delay					
Limbs seem stiff or inflexible					
Very emotional, seeks reassurance often					
Poor balance/falls or trips often					
Section five:	100%	75%	50%	25%	0%
Hurts upper body and face (falls/injuries)					
Poor personal boundaries-can be isolated, standoffish easily victimized or invasive, bullying and aggressive.					
Difficulty protecting “own space”					
Becomes overwhelmed, disruptive or withdraws in busy/stimulating environments such as the mall, lunch room or cinema-with surround sound.					
Section six:	100%	75%	50%	25%	0%
Poor handwriting and fine motor skills					
Confusion with left and right					
Unusual or poor pencil grip, tends to hold too tightly					
Difficulty getting a firm grip on bat/club unintentionally drops/lets go of the bat/club when hitting the ball.					
Speech/communication delay					
Difficulty “grasping” ideas					
Feeling insecure, needy or unsafe needing to “get a grip” or “hang on for dear life”					

Doesn't learn from mistakes. Repeats behavior or actions that aren't successful					
Section seven:	100%	75%	50%	25%	0%
Poor motor control in the hands "butter fingers"					
Low tone in fingers, hyper mobile (very flexible) finger joints					
Clenches fists, jaw or grinds teeth					
Difficulty taking bottle as a baby, feeding issues					
Difficulty tying shoelaces, fastening buttons					
Poor handwriting					
Speech difficulties particularly articulation					
Mouth and/or tongue movements when writing or cutting					
Hypersensitive to touch in palms and on face					
Section eight:	100%	75%	50%	25%	0%
Poor coordination of both sides of the body					
Difficulty completing activities at the midline of the body (places work on one side or the other)					
Postural problems					
Inefficient movement patterns					
High energy/Hyperactivity.					
Section nine:					
Tension in forearms making writing difficult					
Problems bending the elbows or keeping them bent					
Delayed ability to sit up, roll over or crawl					
Poor hand mouth, eye hand coordination- delays in using tools and utensils					
Flapping of forearms and hands when excited.					
Speech and communication delays, and poor socialization					
Improper protection, tendency for fear or aggression, and lack of feeling protected and attached.					
Difficulty in receiving and processing information					

<i>Section ten:</i>					
Low muscle tone in the fingers/palms and arms					
Poor tactile discrimination of textures					
Lack of fine motor coordination					
Delays in speech and communication					
Poor development of nonverbal communication					
Difficulty with tasks requiring multiple senses (touch, vision, listening)					
Difficulty with math, grammatical analysis and cause and effect reasoning					
Difficulty with emotional processing and expression					
Lack of direction, poor goal related behavior.					

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