



Inspire Therapy Solutions
Sensory processing & primitive reflex
questionnaire

Name: _____

D.O. B: _____

Date: _____

Please complete each item, even if the questions appear more than once. It is important that we can see clusters of behaviors and actions together.

| Does your child or is your child..... | Always 76-100% | Frequently 75% | Often 50% | Sometimes 25% | Never |
|---|-------------------|-------------------|--------------|------------------|-------|
| <i>Section one:</i> | | | | | |
| Fear unfamiliar/new situations | | | | | |
| Appear hypersensitive to sound, light, unexpected touch | | | | | |
| Appear panicky or anxious | | | | | |
| Very shy, fearful in groups/unfamiliar situations | | | | | |
| Lack of confidence | | | | | |
| Easily overwhelmed/ Low tolerance to stress | | | | | |
| Fear of failure, is a perfectionist | | | | | |
| Have difficulty sleeping/wakes early/takes a long time to fall asleep | | | | | |
| Tired after a lot of sensory stimuli may need to rest/sleep afterwards. | | | | | |
| <i>Section two:</i> | | | | | |
| Easily triggered, reacts with anger or emotional outbursts | | | | | |
| Over reactive-has big reaction to seemingly small issues. | | | | | |
| Unable to relax/ Highly excitable | | | | | |
| Cycles of hyperactivity and extreme fatigue | | | | | |

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|--|------|-----|-----|-----|----|
| Difficulty adapting to change | | | | | |
| History of Asthma, allergies, respiratory infections | | | | | |
| Poor digestion, tendency to crave sugar/carbs | | | | | |
| Dislike having feet off the ground, doesn't like escalators and/or elevators | | | | | |
| Section three: | 100% | 75% | 50% | 25% | 0 |
| Fidgeting/hyperactive | | | | | |
| Pulls pants up high (above the waist) or very low | | | | | |
| Does not like belts or tight clothing | | | | | |
| Bed wetting after age 4 | | | | | |
| Poor concentration and short-term memory | | | | | |
| Hip rotation to one side/scoliosis | | | | | |
| Poor endurance | | | | | |
| Have difficulty “getting in touch” with feelings | | | | | |
| Tummy troubles/digestive issues | | | | | |
| Section four: | 100% | 75% | 50% | 25% | 0% |
| Hypersensitivity to touch and/or sound | | | | | |
| Allergies | | | | | |
| Tummy/digestive issues | | | | | |
| Potty issues/ wetting pants | | | | | |
| Crawled or walked late | | | | | |
| Walks or runs in an unusual way | | | | | |
| Poor posture | | | | | |
| Section five: | 100% | 75% | 50% | 25% | 0% |
| Flat footed, slow and/or does not like walking | | | | | |
| Tend to walk on the inside of the foot (shoes wear unevenly) | | | | | |
| Loose ankles that are easily twisted/sprained | | | | | |
| Walks on toes/ball of the foot, with hips rotated inward | | | | | |
| Section six: | 100% | 75% | 50% | 25% | 0% |
| Began walking late | | | | | |
| Difficulty running, jumping, climbing | | | | | |
| Difficulty remembering how to do motor tasks | | | | | |
| Speech delay | | | | | |

| | | | | | |
|---|------|-----|-----|-----|----|
| Limbs seem stiff or inflexible | | | | | |
| Very emotional, seeks reassurance often | | | | | |
| Poor balance/falls or trips often | | | | | |
| Section seven: | 100% | 75% | 50% | 25% | 0% |
| Hurts upper body and face (falls/injuries) | | | | | |
| Poor personal boundaries-can be isolated, standoffish easily victimized or invasive, bullying and aggressive. | | | | | |
| Difficulty protecting “own space” | | | | | |
| Becomes overwhelmed, disruptive or withdraws in busy/stimulating environments such as the mall, lunch room or cinema-with surround sound. | | | | | |
| Section eight: | 100% | 75% | 50% | 25% | 0% |
| Poor handwriting and fine motor skills | | | | | |
| Confusion with left and right | | | | | |
| Unusual or poor pencil grip, tends to hold too tightly | | | | | |
| Difficulty getting a firm grip on bat/club unintentionally lets go of the bat/club when hitting the ball. | | | | | |
| Speech/communication delay | | | | | |
| Difficulty “grasping” ideas | | | | | |
| Feeling insecure, needy or unsafe needing to “get a grip” or “hang on for dear life” | | | | | |
| Doesn’t learn from mistakes. Repeats behavior or actions that aren’t successful | | | | | |
| Section nine: | 100% | 75% | 50% | 25% | 0% |
| Poor motor control in the hands 'butter fingers” | | | | | |
| Low tone in fingers, hyper mobile (very flexible) finger joints | | | | | |
| Clenches fists, jaw or grinds teeth | | | | | |
| Difficulty taking bottle as a baby, feeding issues | | | | | |
| Difficulty tying shoelaces, fastening buttons | | | | | |
| Poor handwriting | | | | | |
| Speech difficulties particularly articulation | | | | | |
| Mouth and/or tongue movements when writing or cutting | | | | | |

| | | | | | |
|--|------|-----|-----|-----|----|
| Hypersensitive to touch in palms and on face | | | | | |
| Section ten: | 100% | 75% | 50% | 25% | 0% |
| Poor coordination of both sides of the body | | | | | |
| Difficulty completing activities at the midline of the body (places work on one side or the other) | | | | | |
| Postural problems | | | | | |
| Inefficient movement patterns | | | | | |
| Hyperactivity. | | | | | |
| Section eleven: | 100% | 75% | 50% | 25% | 0% |
| Difficulty maintaining attention | | | | | |
| Tends to lean or lay on desk (slump) | | | | | |
| Shoulders tend to rotate forward arms hang (little or no arm swing when walking) | | | | | |
| Rests head in hand when working at the table | | | | | |
| Wraps feet around the legs of the chair | | | | | |
| Difficulty copying from the board | | | | | |
| Tilt head or close one eye when looking at objects | | | | | |
| Messy eater | | | | | |
| Difficulty sitting still/staying on task | | | | | |
| Section twelve: | 100% | 75% | 50% | 25% | 0% |
| Difficulty marching and/or skipping | | | | | |
| Mostly uses one hand when doing fine motor/writing | | | | | |
| Switches hands when writing/drawing/playing | | | | | |
| Turns paper 90 degrees when writing/drawing | | | | | |
| Tension & pain in the neck, shoulders, back & neck | | | | | |
| Diagnosed with a learning disability | | | | | |